

# Chinese Seasonal Calendar

The Chinese Seasonal Calendar is different from the customary seasonal calendar.

The Chinese calendar has the regular 4 seasons, but also includes a transitional period between the seasons.

Each season also corresponds to an element. The transitional period always corresponds to the element of Earth.

Also, the equinox and the solstice are the midpoints of the season, instead the start of a season. For example, the Spring Equinox on March 21 would actually be the midpoint of Spring. I have always felt like each season has already been here for quite a while when the solstice or equinox actually arrived. Now I know why!

<b>Date</b>	<b>Element</b>	<b>Chinese Calendar Season</b>
Feb 5 - Feb 25	Earth	Transition to Spring
Feb 26 - May 4	Wood	Spring
March 21		Spring Equinox – Midpoint of Spring
May 5 - May 25	Earth	Transition to Summer
May 26 - Aug 4	Fire	Summer
June 21		Summer Solstice – Center of Summer
Aug 5 – Aug 25	Earth	Transition to Fall
Aug 26 - Nov 4	Metal	Fall
Sept 21		Fall Equinox – Midpoint of Fall
Nov 5 – Nov 25	Earth	Transition to Winter
Nov 26 – Feb 4	Water	Winter
Dec 21		Winter Solstice – Midpoint of Winter